

# HSN Grand Rounds

Demystifying Concussion: An Update from The Berlin 2016 Consensus Statement on Concussion in Sport

Presented by: Dr. Tara Baldisera, Dr. Jairus Quesnele, and Shannon Kenrick-Rochon



**CGHGR-01618-A**  
Wednesday, June 21, 2017  
7:00 a.m. – 8:00 a.m. EST



## OBJECTIVES

By the end of the program, participants will be able to:

- Link the pathophysiology of concussion to recovery and management strategies.
- Identify prognostic factors for protracted recovery from concussion to help triage follow up and/or referral.
- Discuss emerging concepts in the identification and classification of post-concussion deficits/disorders and the implications for an interdisciplinary management team approach.

## PROGRAM DESCRIPTION

The HSN Grand Rounds foster collaborative patient care and exchange of ideas across all disciplines in health care and medical education. During the session, we will address the etiology, pathophysiology, diagnosis, prognosis, and early management strategies in light of the recently released Consensus Statement on Concussion in Sport – the 5<sup>th</sup> international conference on concussion in sport held in Berlin, October 2016 (McCroly, et al). The importance of an interprofessional and collaborative approach will be highlighted using a local model of care.

## DISTRIBUTED LEARNING

### Face to Face

HSN Level 2: Lecture Rooms A/B/C

### Webcast

Instructions will be sent to all registrants.

### Ontario Telemedicine Network (OTN)

Please specify your OTN location when registering.

## PRESENTER

**Dr. Tara Baldisera** is a family physician with a focused practice in interdisciplinary concussion management. She is the Medical Director of Sudbury Sport and Exercise Medicine - Concussion Clinic, a medically supervised interdisciplinary concussion management team. Dr. Baldisera is also co-lead in a Laurentian University Interdisciplinary Concussion Management study of Varsity Athletes funded through a NOAMA grant. She is an Associate Professor at the Northern Ontario School of Medicine and is the Undergraduate Medical Education Chair of Clinical and Communication Skills. Dr. Baldisera is the physician representative for the NE LHIN on the Concussion Advisory Subcommittee of the Ontario Neurotrauma Foundation currently working on standards for post-concussion care in an interdisciplinary concussion clinic for the province.

**Dr. Jairus Quesnele** is a chiropractic clinical sciences specialist, neuromusculoskeletal expert, researcher, and Assistant Professor at NOSM. He received his chiropractic degree at Canadian Memorial Chiropractic College in Toronto as well as his Post-Graduate Residency Fellowship in Clinical Sciences. Dr. Quesnele completed a secondment at World Health Organization as a Fellow in Health Classifications and Standards in Geneva, Switzerland. His research areas of interest include the effects of spinal manipulation on cervical and cerebral blood perfusion and he is the co-lead of an interdisciplinary management of concussion team in Sudbury. Dr. Quesnele is the Rehabilitation Director of Sudbury Sport and Exercise Medicine - Concussion Clinic and the co-lead in a Laurentian University Interdisciplinary Concussion Management study of Varsity Athletes funded through a NOAMA grant.

**Shannon Kenrick-Rochon** is a Nurse Practitioner with a specialty in Primary Care that currently works in the community with a focus on concussion. She is currently the case manager with the Sudbury Sport and Exercise Medicine-Concussion Clinic. Ms. Kenrick-Rochon has been involved in post-emergency department concussion follow up and unique opportunities to enhance continuity of care. Ms. Kenrick-Rochon completed an Advanced Clinical Fellowship focusing on concussion with the Registered Nurses Association of Ontario. Ms. Kenrick-Rochon is also a full time professor with the Bachelor of Science in Nursing Program at Cambrian College.

This Group Learning program meets the certification criteria of the College of Family Physicians of Canada and has been certified by the Continuing Education and Professional Development Office at the Northern Ontario School of Medicine for up to 1.0 Mainpro+ credits.

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This event is an Accredited Group Learning Activity (Section 1) as defined by the Maintenance of Certification program of The Royal College of Physicians and Surgeons of Canada, approved by the Continuing Education and Professional Development Office at the Northern Ontario School of Medicine for up to 1 hour(s).



## DEADLINE TO REGISTER

Monday, June 19, 2017